

# Take the Plunge

*His truth is refreshing. It washes off doubt, makes a way in the wilderness, and streams in the wastelands. (Isaiah 43:19)*

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## HIS WISDOM CALLS OUT

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“Out in the open wisdom calls aloud, she raises her voice in the public square; on top of the wall she cries out, at the city gate she makes her speech.” (Proverbs 1:20-21)

God’s wisdom is calling us to take down walls and to dive in unafraid, to open His love letter and let it break through any places hindering our connection.

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## MY FIRST BIG DIVE

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I dove into the Bible ~ the living letter ~ in high school. I searched to know God’s heart at a breakfast Bible study before school in the playroom of my childhood home with my friends. In groups and in quiet contemplation, I began to uncover His love for me. As I remember it, Psalm 139 was a turning point, a sacred place where I felt with the Lord like 

He created us and has upheld us since birth and carried us since we were born. (Isaiah 46:3)
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 a connection I hadn’t before. I was blown away by the details of His deep knowledge of me, His ever present and constant care.

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## PSALM 139 GOES DEEP

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“O Lord, You have searched me and You know me. You know when I sit and when I rise; You perceive my thoughts from afar. You discern my going out and my lying down; You are familiar with all my ways. Before a word is on my tongue Lord, You know it completely. You hem me in behind and before, and You lay Your hand upon me. Such knowledge is too wonderful for me, too lofty for me to attain. Where can I go from Your Spirit? Where can I flee from Your presence? If I go up to the heavens, You are there; if I make my bed in the depths, You are there. If I rise on the wings of the dawn, if I settle on the far side of the sea, even there Your hand will guide me, Your right hand will hold me fast. If I say, ‘Surely the darkness will hide me and the light become night around me,’ even the darkness will not be dark to You; the night will shine like the day, for darkness is as light to You. For You created my inmost being; You knit me together in my mother’s womb. I praise You because I am fearfully and wonderfully made; Your works are wonderful, I know that full well. My frame was not hidden from You when I was made in the secret place, when I was woven together in mother’s womb. Your eyes saw my unformed body; all the days ordained for me were written in Your book before one of them came to be. How precious to me are Your thoughts, God! How vast is the sum of them! Were I to count them, they would outnumber the grains of sand—when I awake, I am still with You. Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me and lead me in the way everlasting.” (Psalm 139)

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## LET IT WASH OVER

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Can you even get your head around this? How involved God is in every part of us. How He knows every fiber of our being! How does this make you feel? Does it instill deep joy or maybe fear? Over all these years, He has met me in my mixed emotions and He will do the same for you.

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## HIS TRANSCENDING TRUTH

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He has walked these astounding truths from Psalm 139 into my life and woven them deep into my story. All the intricate details have translated in such rich ways, beyond what I could have ever imagined. God Almighty desires to knit these truths into your heart as well.

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## THIS IS MY STORY, THIS IS MY PSALM

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Lord, you know me, every part of me, and You love me completely. You receive me fully. How can it be? I can hardly take it in. There is no place You are not; You hold me fast wherever I am. You find me in my hiding and escort me into Your redeeming Light. It all begins and ends with You. You come alongside me in every struggle and hold me through it. You waste nothing and use everything for my good, to grow me closer to You. You welcome my questions and my searching and invite me to come unhindered. You meet me in my rebellion and gently call me home. You erase my greatest flaws and falls, independent of my striving and strength. You take me to the holy mountain, to the source of life and the fountain of forgiveness. You keep making me. Alleluia, Alleluia.

It all begins and ends with You.
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## LET IT SINK

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Ponder these truths that transcend. Apply them to your heart.

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## REACH OUT FOR HIM

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A woman who had been suffering for several years came up behind Jesus and thought to herself, "If I can only touch His cloak, I will be healed." (Matthew 9:20-21) Is this not the most beautiful picture? I love that she knew. "If only" she could reach out and touch Him, she just knew she'd be healed. She knew. Jesus felt her reach, just a little brush up against Him and He knew. He knew. Among the multitude that was there, He knew this "one" had reached out intentionally. He felt the power that had gone out from Him. (Mark 5:30)

Have you brushed up against Him? He is within our reach, that is the most amazing part. He promises the best kind of healing, heart healing. This is not an "if only", this is an "if when". And this isn't a maybe, this is a definite.

He will feel "you" reach out. He will brush up against you and leave you never the same.

"God is magnificent; He can never be praised enough. There are no boundaries to His greatness." (Psalm 145:3)